



# SENIOR COMMUNITY CAFÉ CALENDAR CONGREGATE MAY 2011



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Cranberry juice Chicken a la king Noodles Peas & carrots Buttermilk biscuit Pineapple tidbits	3	Chicken Rice Vegetable Soup Eggplant Roulette w/marinara sauce Ziti w/Marinara sauce Mixed salad greens w/raspberry vinaigrette Club roll Saltines Apricots	4	Roast beef w/gravy Mashed potatoes Green beans & squash medley 100% whole wheat bread Fresh Fruit	5	<b>HAPPY MOTHER'S DAY</b> Chilled Orange Pineapple juice Coq au Vin Baked potato w/sour cream/chives Peas & pearl onions Wheat dinner roll Strawberry shortcake w/whipped topping	6	Chicken Orzo vegetable soup Corned beef w/swiss cheese sandwich on rye bread Potato puffs Coleslaw Tropical fruit
9	Salmon boat w/seafood sauce Rice pilaf Spinach 12-grain bread Sliced peaches	10	Italian style chicken parmesan Brussel sprouts Penne w/marinara sauce Parmesan cheese Whole grain white bread Pineapple tidbit/mandarin oranges	11	French onion soup Apricot glazed pork loin Sweet potato wedges Whole baby carrots Whole wheat dinner roll Purple plums	12	Chicken vegetable barley soup Mini cheeseburger on a bun w/Ketchup, mustard, chopped onion, relish Potato puffs Vegetable medley Chocolate pudding/whipped topping	13	Turkey Divan Parslied bowties Tossed salad w/raspberry vinaigrette 100% whole wheat bread Fresh fruit
16	Apple juice Spaghetti & meatballs w/Italian sauce Parmesan cheese Italian beans Club roll Fruited Jell-o w/topping	17	Lemony Lentil soup w/greens Seafood salad on a croissant Hawaiian coleslaw Tater tots Fresh fruit	18	Roasted turkey w/gravy Cornbread stuffing Peas & pearl onions cranberry sauce Wheat bread Fruit festival	19	Orange juice Braised beef w/onions, peppers & mushrooms Parslied egg noodles Mixed vegetables Rye bread Sliced peaches & pears	20	Chicken vegetable soup Grilled vegetable lasagna Cucumber & tomato salad w/Italian dressing Italian bread Pineapple tidbits
23	Cran-orange juice Lemon baked chicken Baked potato Broccoli 100% whole wheat bread Fresh fruit	24	Split pea soup Baked ham w/raisin sauce Diced sweet potatoes w/almonds Mixed vegetables Dinner roll Apricots	25	<b>MEMORIAL DAY PICNIC</b> Orange juice Hot dog on a roll Baked beans Picnic coleslaw Mustard, ketchup, relish Watermelon	26	Cream of vegetable soup Almond cranberry chicken salad/ star roll Couscous salad Leaf lettuce & sliced tomatoes Fresh fruit	27	Breaded veal patty w/gravy Farfalle noodles Baby carrots 12-grain bread Purple plums
30	<b>CLOSED IN OBSERVANCE OF MEMORIAL DAY</b>	31	Chicken rice soup Chicken filet sandwich on multi grain roll Leaf lettuce & sliced tomatoes Potato wedges Pineapple tidbits & mandarin oranges				<div>To reserve a meal <b>Call 763-7428</b> by noon the day before</div>		

Elderly Nutrition Program meals are served Monday thru Friday to persons and their spouses' 60 years of age or older.  
All meals are served with bread, coffee and/or tea and milk. DONATIONS: \$2.00 (or what ever you can afford).